



Welcome!



Lone Star Skiers & Adventure Club welcomes you.

Formed as a "Non-Profit, Membership-Owned & Operated Ski and Social Club," we are <u>the</u> North Texas club for fun in the snow and water and for adventures around the globe.

We're hundreds of kindred spirits who like to travel, play and develop great friendships! As a large club, and an affiliate of an even larger organization (Texas Ski Council) we have tremendous buying power, so we offer travel deals that are hard to duplicate.

And . . . even if you could match the price, why share an exciting adventure with strangers instead of with friends?

We provide affordable ski and non-ski destinations, summer vacations, sporting events, social activities and unique functions year-round.

See which of our activities, events and adventures appeal to you. You don't have to be a skier to become a newly adopted member of our "ski and adventure family." Hope you enjoy reading this newsletter!

2018-19 Board of Directors



President: Joe Mueller



VP Membership:
Jean Jordan



Treasurer: Mike McKimens



VP Communications: Larry Jordan



VP Trips: Cheryl Slaughter



Director: Theresa O'Brien



Secretary: Judi Lamson



Director: Tim Betz



VP Activities: Tamara Preston



Director: John Fry



Director Non-Ski Trips:



2018-19 Board of Directors

President: Joe Mueller	
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VP Trips: Cheryl Slaughter	
<u>Ladysnake828@yahoo.com</u>	
VP Publications: Larry Jordan	
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VP Activities: Tamara Preston	
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Director: John Fry	
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Director: Theresa O'Brien	
obmiller56@yahoo.com	
Director: Tim Betz	
tim.betz@verizon.net	
Secretary: Judi Lamson	
<u>jlamson@tx.rr.com</u>	
Treasurer: Mike McKimens	
mmckimens@yahoo.com	
VP Membership: Jean Jordan	
JSBoney2006@yahoo.com	

Elections for the new Board

- Elections will be held at the next Happy Hour/quarterly meeting
- Contact any member of our Board as shown on the previous page if you have interest, questions or wish to discuss.
- Now is the time to give back to the Club!



March Birthdays

➤ 03 Judy Rayfiel

- > 05 Marie Gamble
- > 06 Bonnie Resnick Destruel
- > 09 Janet Medlock
- ➤ 09 Lori Parker
- > 15 Diane Gilliam
- > 17 Patricia Anderson
- > 20 Ron Campbell
- ➤ 20 Diana Johnson
- > 20 Jim Pangman
- > 20 Susan Swaim
- > 26 James Genova
- > 28 Cathy McGough
- > 31 Cary Bassham





April Birthdays

01	James Roche
03	Chris Duehring
05	Sandy Suddith
06	Angela Squitieri
06	Karen Wilkerson
07	Rich Powell
14	Erin Botsford
18	Scott McGarvey
21	Robert Ambrose
21	Yvonne Ambrose
21	Cheryl Mann
22	Robert Nelson
25	Mary Meyer
26	Gary Bush
28	Chris Behnke





March Happy Hour and Quarterly Meeting

Tuesday, March 12

5:30-8:00 PM

Free Pizza

Picasso's located at 18160 Dallas PKY, SE Corner at Frankford Road. Dallas TX 75244. Phone 972-248-0011



Elections for the 2020 Board of Directors will be held!!!

Lone Star Board Meeting

March 19, 2019 6:30 PM

Remembering February Happy Hour!









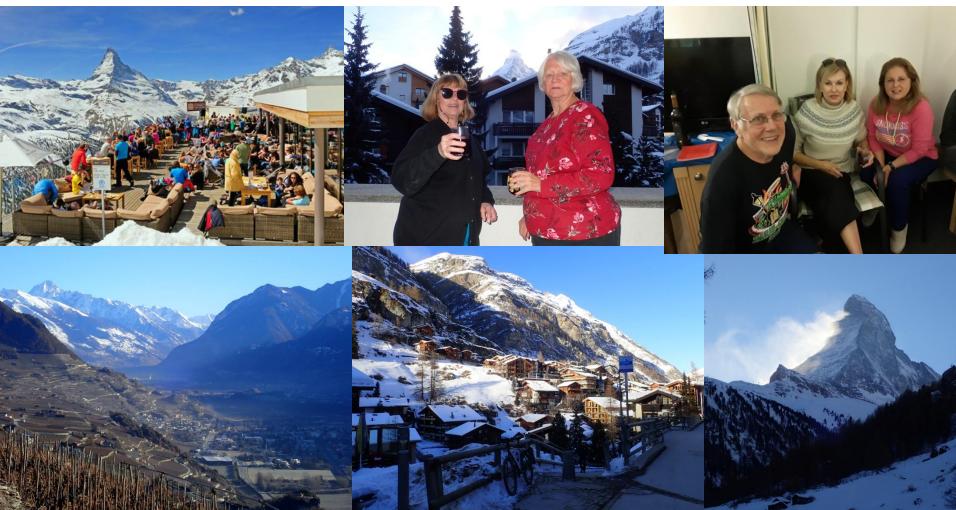






Remembering







On January 18, 2019, the Lone Star Skiers headed off for a week long winter expedition to Zermatt Switzerland, home of the Matterhorn, long cruising ski runs, fondue and fabulous Swiss wine! Although we had to take lots of buses, trains and planes to get there (Zermatt is not any easy hop from DFW!), once we saw the iconic Matterhorn, we knew that we were in ski heaven. Some of our group skied every day, experiencing a wide variety of terrain, plus those mountain long cruising runs with sunshine prevalent during the week. Several of the group even skied to Italy and back in one day, enjoying Swiss views plus "la dolce vita," as the Italians say. Other group members enjoyed excursions to historic towns, a castle, a spa and 3 different wineries. It is hard to beat Europe for the food, the wine, the culture and particularly the scenery in the alps. Every day, we came back to an excellent 4 course meal at the hotel, so we definitely blew all of our diets on rich European food. Back to the spa and the gym for us. Oh well, it was worth it to experience wonderful food, as well as some alpine views that we will remember for the rest of our lives.







Thirteen brave Lone Star Skiers had a wonderful week at Big Sky Montana: Dan LeMay, Susan Williams, Rebecca Chandler, Carol Kjelstad, Wayne May, Joe Mueller, Stephen Shellberg, Jori Andrade, Carol Bonn, Randy Brazie, Fred LeVay, Andrew Kleek and Hal Preston

Remembering TSC Winter Shootout

Breckenridge, CO









At Breckenridge, Lone Star focused on quality, not quantity with only 2 racers; however, "all both of them" won medals !!

Carol Kjelstad came in second in her division to bring home a Silver medal, and Joe Mueller won a EPIC Mix Bronze. Both should be honored for bravery, since race morning the temperature was about 5 degrees with a 20 mph wind ... "major shrinkage" was an issue for all the guys

TSC Winter Shootout Breckenridge February 2019 Summary

TSC Winter Shootout Breckenridge February 2019 Summary TSC through Ski WhiteDiamond (SWD), tour operator based in Breckenridge, did a great job with the TSC Winter Shootout Breckenridge February 2019 trip. We stayed at the quite large Beaver Run Resort with ski in/ski out accommodations. Even though we were in hotel rooms with fridges and microwaves, we had convenient access to a couple bars and restaurants on-site, and shuttle service into Breck town.

Weather and snow were great for most of the week except a very cold day on Thursday but most braved it for at least a few runs.

Kicked off the week with the TSC Welcome Reception on Sunday night which also served as a Super Bowl party.

TSC offered a 'poker run challenge' Tuesday morning making skiers collect cards on several Breck peaks. Most of us agreed we were then served one of the best on the mountain lunches we'd ever eaten. This made up for not having any big poker hand winners but a few minor hands all won prizes. Wednesday was snowing though most everyone skied. Referred by SWD to Salt Creek Steakhouse, on Wednesday, we had tasty dinner choices for our Lone Star dinner out including appetizers and dessert.

On Thursday, Lone Star focused on quality, not quantity with only 2 racers; however, "all both of them" won medals!! Carol Kjelstad came in second in her division to bring home a Silver medal, and Joe Mueller won an EPIC Mix Bronze. Both should be honored for bravery, since race morning the temperature was about 5 degrees with a 20-mph wind.

Some sidelines besides skiing, a few of us went to the Ice Castles in Dillon one evening, which were spectacular, and we had on-going pool/billiard challenges throughout the week. Games were long, a few great shots, and lots of swagger from the teams A few of us also went on a historic tour of the Breckenridge mining past documented back to the mid 1800's. This town has all types of ore including gold which they say is still 95% undiscovered. Breck was a pretty messy town until the 1980's when they started to clean up the river, and modernize and develop.

Of course, the week culminated on Friday night with the TSC Farewell dinner/dance and racing awards. Lone Star had dancing stars to make up for the low medal count.

Acclimation was a little challenging living at over 9,600' with Breck having the tallest ski peaks in the Rockies. I think Lone Star should start inserting ski season tips in our fall newsletters to inform folks of exercises and other things to do to help people ski healthy and safely coming from a sea level environment.

See photo of Joe Mueller in a tree well! Breck was a great time!

TSC Final Showdown Remembering Whitefish, MT

Pictures coming next month

Beach Getaway GULF SHORES/ORANGE BEACH, ALABAMA

May 10-13, 2019



WESTERN CANADA AUGUST 1 - AUGUST 7, 2019

Western Canada Journey by Train Through the Clouds

BRITISH COLUMBIA ALBERTA JASPER WASHINGTON

VANCOUVER TO BANFF

THIS IS A COMBINATION OF RAIL AND BUS TRAVEL AS DESCRIBED BELOW IN THE ITINERARY. ALL SLEEPING ACCOMMODATIONS ARE AT HOTELS.

\$3,686.00

Limited to 20 people!! This is a popular time to travel to Western Canada and room availability is limited. We grabbed 20 pillows. If you want to add nights to the beginning or end of this trip, please let me know asap, as we will need to reserve those additional nights now.



PORTUGAL AND THE DOURO RIVER CRUISE



SEPT. 25-OCT. 5, 2019

<u>Details on website, or call</u> <u>Debbie Rima</u>



Dazed and Confused about Medicare??? Paula Lanigan, Independent Health Insurance Agent, can HELP!!

With over 30 years health insurance/benefits experience, I'm your resource to make sense of Medicare benefits and available options when new to Medicare, or during the annual open enrollment in October through December 7 when you can review your current program or make changes.

Specialize in...

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- ✓ Medicare Advantage plans (like HMO's and PPO's)
- ✓ Part D prescription drug programs
- ✓ Represent several 'brand name' insurance carriers'
- ✓ Medicare Advantage and Medigap products:
- ✓ Aetna, Humana, United Healthcare/AARP, CIGNA, Silverscript
- ✓ Assist with ancillary products like dental and vision options



LinkedIn profile at https://www.linkedin.com/pub/paula-lanigan/18/1a9/677 Website at www.paulalanigan.com.

Let me help you make sense of Medicare and the options available to you. Contact Paula at 619-206-3433 or paula.k.lanigan@gmail.com for more information. Texas Insurance License 1787883 (licensed since 1989!)

Lone Star Skiers & Adventure Club encourages all members to support our sponsor/members

Paula Lanigan Consulting, Independent Health Insurance Agent

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For more information Visit our website:

www.lonestarskiers.com