Lone Star Skiers & Adventure Club LSS Cruiser



January 2021 Edition









A Note from Your Board

There was no Board Meeting in December to allow its members to focus on the holidays with family and friends. We will resume in January 2021.

Unfortunately, with Pitkin County's rigid COVID policies, it killed our Snowmass trip. Nothing could be done to accommodate the group and comply with policies without asking our members for significant additional funding and little amenities or benefits.

As I sit here and reflect on this past year, I cannot help but think of everyone who has struggled this year. With finances, one's own physical and mental health, employment, housing, the protests and riots, the lockdowns and restrictions which have affected every walk of life. The incredible burden on our healthcare systems and workers, first responders, the police and people in general. It's easy to get lost mired down in all this.



A Note from Your Board

Continued

I remind you there is light ahead. That is what the Christmas Season is truly about. The coming Light! We still have a way to go and we will make it. It is promised to us. Don't be alone! Today's technology makes it easy to connect and even "see" each other via FaceTime, Zoom, Webex and other applications. Need help? Ask for help – you'll be amazed! Remember people are out there, you just need to reach out.

So OUT with the OLD year and IN with the NEW! Try your hand at guessing other countries traditions in this edition. Answers in February's issue. And above all – remember you are valued, loved and NEEDED!

We WISH you a VERY HAPPY NEW YEAR!!!!!

Catcha ya on the other side...

Cheryl Slaughter, VP Trips



Activities Survey

Tish is looking for feedback from YOU, our members, on what activities you enjoyed in the past and what type of activities you would like to see in the future.

- Favorite Places?
- Favorite Parties?
- Favorite Activities?
- Future Activity Ideas?

Do you have a specific place or activity in mind? If so, email Tish with the place name, location, and contact information if you have it. Hopefully COVID restrictions will soon be lifted!

Tish is looking forward to planning some exciting parties and activities for you!

Contact: Tish Anderson, VP Activities <u>tishanderson@att.net</u>



Match the New Year's Tradition with the Country

- 1. Brazil
- 2. Greece
- 3. Italy
- 4. Ecuador
- 5. Russia
- 6. Japan
- 7. The Netherlands
- 8. Chile
- 9. Estonia
- 10. Ireland
- 11. Scotland
- 12. Turkey
- 13. Germany
- 14. Denmark
- 15. Spain

- 1. Wish a dark-haired male is the first person across your doorstep
- 2. Hang out in the cemetery with deceased family and friends
- 3. Sleeping on mistletoe helps women dream of their future husbands
- 4. Eat many meals, 7 or more, on NYE for good things to come
- 5. Sprinkle salt over your shoulder for peace and prosperity
- 6. Melt lead and pour into water. The shape reveals your fate
- 7. Wear your best red underwear!
- 8. Throw china at your friends/neighbor's doors leaving bad-will behind
- 9. Smash pomegranates against the door of your house for prosperity
- 10. Throw white flowers /candles into the sea for Yemoja's blessing
- 11. 108 Bell rings purges the 108 evils desires in each person
- 12. Father Frost and the Ice Maiden plant a spruce underwater
- 13. Burning iconic scarecrows to cleanse the bad and bring in the new
- 14. Chowing down on deep-fried dough
- 15. Eat 12 grapes at midnight



Havana, Cuba

A city trapped in time...

Havana captures the imagination like no other. Faded glamour meets careful colonial-era reconstruction with a backdrop of irresistible color. Walk El Malecón, the walkway bordering the ocean; visit Old Havana and the Catedral de San Cristóbal; and listen for salsa music, open-air bazaars and parties lasting all night long!!

Courtesy of Explore Havana

Tour introduction and overview of activities

- Tour Old Havana World Heritage sites
- Swim on sun drenched white sand beaches
- Witness Havana humanitarian projects
- Cruise in 1950s American classic cars
- Curated history and art museum visits
- Dine in Havana's best private eateries
- Visit Ernest Hemingway's house
- Delight in the Tropicana dance show
- Learn Cuban cooking from master chefs
- Ride in coconut cabs and bicycle taxis

For Questions: Contact Susan Riewe at msg4smr@att.ent

Trip interruption and cancellation protection insurance is highly recommended.



Please note a new optional pre-trip excursion to the cloud forest in Monteverde has been added for April 3-6, 2021.

Known for its beaches, volcanoes, and biodiversity. Roughly a quarter of its area is made up of protected jungle, teeming with wildlife including spider monkeys and quetzal birds.

April 6-13, 2021

- \$2,220 (does not include air) but includes daily breakfast and 2 lunches and tips for guides
- Optional zip lining (a must) \$45!
- ONLY 10 spots available
- NOTE: Due to rooming configuration, we cannot allow single supplements on this trip.

Questions? Contact Terry Smith at terry@terrysmith.com



Tours: Hanging Bridges tour, Penas Blancas Safari Float, Nauyaca Waterfall Tour with 4x4s, Skywalk/Tram/Hanging Bridges, Manuel Antonio National Park Guided Hike

4 days, 3 nights at <u>Los Altos Resort & Spa</u> in Manuel Antonio

Private reserve & beach hotel providing elegant, spacious luxury hotel accommodations

5 days, 4 nights at <u>Tabacón Thermal Resort & Spa</u>

Five-star resort and hot springs located in Costa Rica at the base of the majestic Arenal Volcano in the heart of the tropical rainforest.

Next **Board of Directors** Meeting:

Tuesday, Jan 12, 2020 from: 6:30 - 8:00 pm

These are virtual Zoom meetings





TSC Update:

TSC Trip Coordinator applications for 2022 are being accepted.

Contact us

Official Address PO Box 820784 Dallas, TX 75382-0784





www.lonestarskiers.com



2020-2021 Board of Directors Thank you for your service!

President: Tamara Preston

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VP Activities: Tish Anderson

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Executive Director: Dennis Arnold

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Dazed and Confused about Medicare???

Paula Lanigan, Independent Health Insurance Agent, can HELP!!

With over 30 years health insurance/benefits experience, I'm your resource to make sense of Medicare benefits and available options when new to Medicare, or during the annual open enrollment in October through December 7 when you can review your current program or make changes.

I specialize in:

- ✓ Medigap (also known as Medicare Supplement) products
- ✓ Medicare Advantage plans (like HMO's and PPO's)
- ✓ Part D prescription drug programs
- ✓ Represent several 'brand name' insurance carriers'
- ✓ Medicare Advantage and Medigap products:
- ✓ Aetna, Humana, United Healthcare/AARP, CIGNA, Silverscript
- ✓ Assist with ancillary products like dental and vision options





Let me help you make sense of Medicare and the options available to you. Contact Paula at 619-206-3433 or paula.k.lanigan@gmail.com for more information. Texas Insurance License 1787883 (licensed since 1989!)



Paula Lanigan Consulting, Independent Health Insurance Agent

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